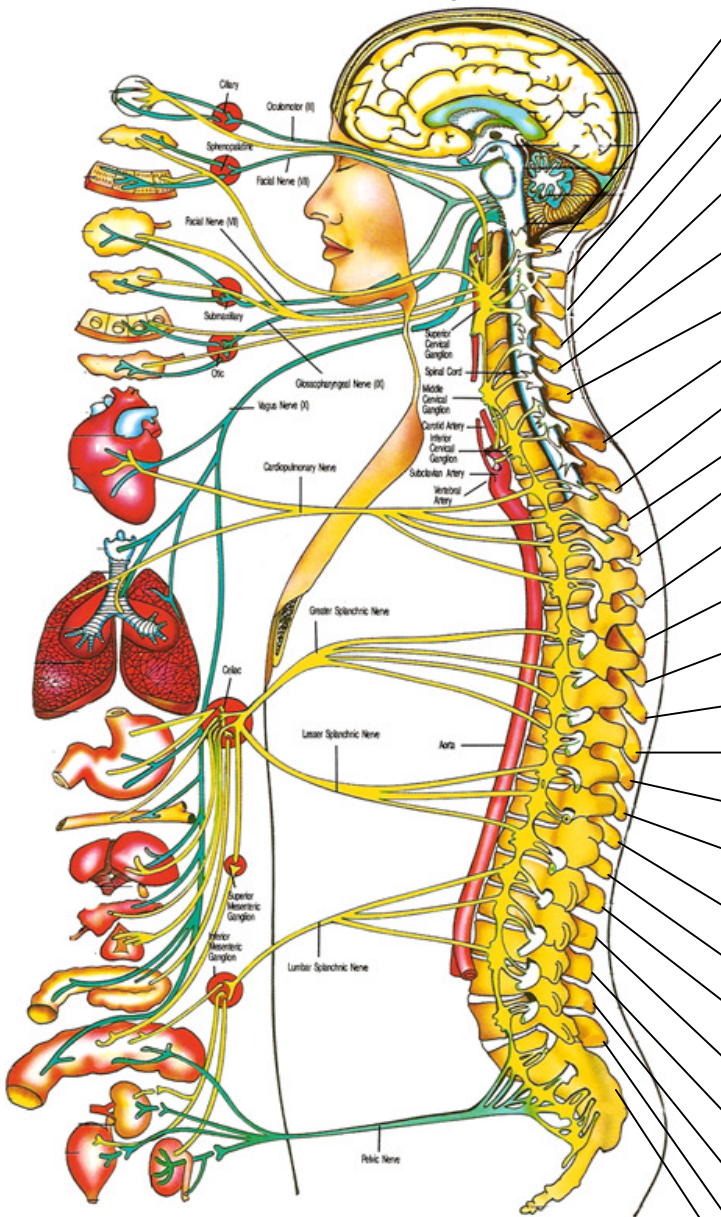


# Neuro-Anatomy Chart



Nerve Level	Area Nerve Supplies	Common Symptoms
C1	Head, face, brain, pituitary gland, eyes, ears	Headache, migraine, earache, colds, flu, sore throat
C2	Sinus, tongue, heart, forehead, optic & auditory nerves	Sinusitis, palpitations, visual and auditory disturbance
C3	Diaphragm, face, teeth, lungs	Chronic fatigue, vertigo, anxiety, shortness of breath
C4	Thyroid, mucus membranes, lungs, mouth	Hypothyroid (weight gain, cold) Hyperthyroid (insomnia, nervousness)
C5	Vocal cords, pharynx, pancreas	Crave sweets, fatigue, memory loss, emotional instability, headache, sore throat, hoarseness
C6	Neck, shoulders, tonsils, esophagus	Stomach pain after eating, antacid use, tonsillitis, neck and shoulder pain
C7	Liver, gallbladder, thyroid, shoulders, elbow	Headaches, lassitude, sneezing, nightmares, burning feet
T1	Lower arm, hand, heart, esophagus, trachea	Coronary artery disease, hand symptoms, difficulty in swallowing
T2	Heart, lungs, and bronchial tubes	Asthma, bronchitis, fatigue, fluid retention
T3	Trachea, bronchi, lungs, chest, breast, pleura	Asthma, shortness of breath, chronic cough, pleurisy
T4	Gallbladder, heart, lungs	Nausea, headache, bloating after meals, intolerance to fatty foods
T5	Stomach, intestines, liver	Gastric ulcer, hyper or hypoacidity, irritable bowel syndrome
T6	Pancreas, stomach, peritoneum, liver	Crave sweets, ulcer, hyper or hypoacidity, pancreatitis
T7	Spleen, pancreas, duodenum, stomach, liver, gallbladder, peritoneum	Immune deficiencies, lowered resistance
T8	Liver, spleen, stomach, adrenal cortex, small intestine	Headache, lassitude, sneezing, nightmares, burning feet
T9	Adrenal cortex, ovaries, uterus	Overwhelmed by stress, infertility
T10	Small intestines, appendix, testes, ovaries, large intestine	Digestive complaints (1-2 hours after eating)
T11	Kidneys, ureters, large intestine, bladder, adrenals, uterus, ileocecal valve	Puffy eyelids, decreased urine
T12	Bladder, lymphatic system, large intestine	Urinary tract infection, swollen ankles, lymphatic congestion
L1	Ileocecal valve, large intestine, uterus	Bad breath, flatulence, headache, dark circles under eyes, toxicity
L2	Small Intestine, appendix, abdomen, upper leg	Digestive complaints, appendicitis, leg pain
L3	Endocrine glands, thyroid, pancreas, adrenal glands, sex organs, uterus, prostate gland	Impotence, prostatitis
L4	Colon, prostate gland, lower back, sciatic nerve	Lower back pain, bowel problems, coated tongue, headaches
L5	Reproductive organs, lower leg, ankles, feet, prostate gland	Dysmenorrhea, leg pain, prostatitis
S1	Bladder, urethra, reproductive organs, rectum, hips, buttocks	Reproductive disorders, hip and leg pain

This chart is also known as the Hoffman Chart and is based upon years of actual Chiropractic clinical experience. The list above is only a partial list. The spinal cord is made up of millions of nerves that branch off and blanket the entire body, therefore only the major connections between the brain and the body have been listed.