

FIRST NAME \_\_\_\_\_ MIDDLE INITIAL \_\_\_\_\_ LAST NAME \_\_\_\_\_ MALE \_\_\_ FEMALE  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Email \_\_\_\_\_ Phone: HM \_\_\_\_\_ WK \_\_\_\_\_ CELL \_\_\_\_\_  
 Best Number To Reach You \_\_\_ HM \_\_\_ WK \_\_\_ CELL \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_ # Children \_\_\_\_\_  
 \_\_\_ Married \_\_\_ Single \_\_\_ Divorced \_\_\_ Widowed Emergency Contact \_\_\_\_\_ Tel \_\_\_\_\_  
 SS# \_\_\_\_\_ Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
 Do you have insurance that may contribute to your care? \_\_\_ Y \_\_\_ N Are you the Primary Insured (main person on your insurance) \_\_\_ Y \_\_\_ N  
 If you are not the Primary Insured, please provide the **Name and Birthday of Primary Insured** \_\_\_\_\_  
 REFERRED BY \_\_\_ Met the Doctor \_\_\_ Website \_\_\_ Online Search - please list keywords used to find us \_\_\_\_\_  
 \_\_\_ Sign/Location \_\_\_ Newspaper \_\_\_ Other \_\_\_\_\_  
 Existing Patient \_\_\_\_\_ Medical Doctor \_\_\_\_\_ Attorney \_\_\_\_\_

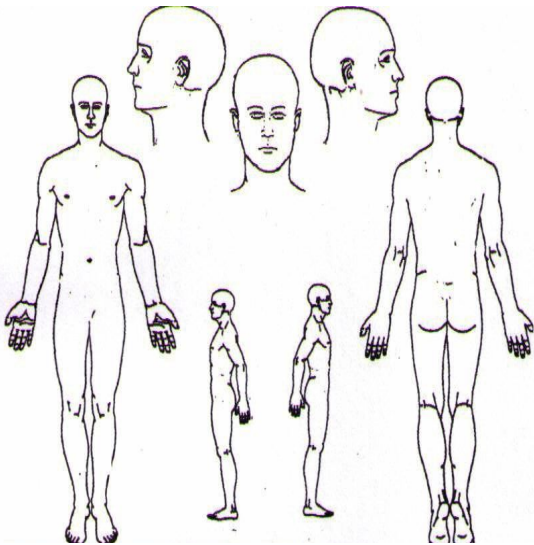
**IF YOU NEED MORE ROOM TO ANSWER ANY QUESTION, PLEASE USE THE BACK OF THIS FORM.**

**What is your major complaint?** (include Left, Right, or Bilateral) \_\_\_\_\_

Does it radiate anywhere? \_\_\_ Y \_\_\_ N If yes, where? \_\_\_\_\_  
 How long have you had this complaint? \_\_\_\_\_ days / weeks / months / years Have you had this or a similar condition in the past? \_\_\_ Y \_\_\_ N  
 Is this condition progressively getting worse? \_\_\_ Y \_\_\_ N \_\_\_ Staying the same Is it: \_\_\_ Constant \_\_\_ Frequent \_\_\_ Comes and Goes  
 Circle all that apply: Achy, Dull, Throbbing, Crushing, Sharp, Severe, Stabbing, Burning, Other \_\_\_\_\_  
 With 0 = no pain, and 10 = severe, at its best, my pain is a 0 1 2 3 4 5 6 7 8 9 10 - At its worst, my pain is a 0 1 2 3 4 5 6 7 8 9 10  
 CIRCLE: This is a NEW / OLD injury and WAS / WAS NOT treated before. If treated before, what was done? \_\_\_\_\_  
 We attempt to update your other health care providers regarding your condition unless you specifically request that we do not.  
 Name and Clinic of your other Doctor(s) \_\_\_\_\_  
 Have you ever had Chiropractic care before? \_\_\_ Y \_\_\_ N Date of last visit \_\_\_\_\_ Other complaints? (If you need more space, please write on the back of this form): \_\_\_\_\_

**Please mark each area of pain / complaint with a:**  
**If Left or Right Please circle L or R**

**Please mark each condition with a C" for Current, and a P" for Past.**



- |                                  |  |                        |
|----------------------------------|--|------------------------|
| _____ Neck Problems              | _____ Sore Muscles                         | _____ Allergies        |
| _____ Shoulder Problems- L or R  | _____ Muscle Cramps                        | _____ Hay Fever        |
| _____ Arm Problems L or R        | _____ Broken Bones                         | _____ Asthma           |
| _____ Numbness L or R Arm        | _____ Frequent Colds                       | _____ Eczema           |
| _____ Numbness L or R Leg        | _____ Headaches/Migraines                  | _____ Diabetes         |
| _____ Low Back problems          | _____ Ear Infections                       | _____ Menstrual Cramps |
| _____ Leg Problems L or R        | _____ Dizziness                            | _____ Poor Digestion   |
| _____ Pain b/t shoulders         | _____ Fainting                             | _____ Diarrhea         |
| _____ Pain in Joints             | _____ Forgetfulness                        | _____ Constipation     |
| _____ Loss of Feeling            | _____ Depression                           | _____ Chest Pain       |
| _____ Restricts Daily Activities | _____ Blurred Vision                       | _____ Pain at Night    |
| _____ Restricts Exercise         | _____ Difficulty Breathing                 | _____ Blood Pressure   |
| _____ Unwanted Weight Gain       | _____ Difficulty Walking                   | _____ Bowel / Bladder  |
| _____ Unexplained Weight Loss    | _____ Ringing in Ears Circle: High/Low     |                        |
| _____ Unusual Fatigue            | _____ Difficulty Speaking difficulties     |                        |
| _____ Nausea / Vomiting          | _____ Numbness on one side of face or body |                        |
| _____ Difficulty Swallowing      | _____ Neck or Head Pain like never before  |                        |
| _____ Other _____                |  |                        |

**Family Health History:** Please list any condition (including those listed above) that your father, mother, spouse, brothers, sisters, or children have, or have had in the past. \_\_\_\_\_

**Please rate how your pain / symptoms / health problems affect your Activities of Daily Living. Rate on a scale of 1-10, with 0 = No Problem to do / participate in the Activity, and 10 = extreme pain or problems doing the activity. If an Activity of Daily Living category does not apply to you, please leave it blank.**

- |                    |                                   |                                 |                 |
|--------------------|-----------------------------------|---------------------------------|-----------------|
| _____ Bending      | _____ Carrying                    | _____ Concentrating             | _____ Dancing   |
| _____ Doing Chores | _____ Doing Computer Work         | _____ Dressing Driving          | _____ Gardening |
| _____ Lifting      | _____ Performing Sexual Activity  | _____ Playing Sports            | _____ Pushing   |
| _____ Reading      | _____ Recreating                  | _____ Rolling Over              | _____ Running   |
| _____ Shoveling    | _____ Sitting to Standing         | _____ Sitting                   | _____ Sleeping  |
| _____ Standing     | _____ Walking                     | _____ Watching TV               | _____ Working   |
| _____ Climbing     | _____ Playing with kids/grandkids | _____ Other (please list) _____ |                 |

Last time you had Spine X-rays \_\_\_\_\_  
 FEMALES: Are you pregnant? \_\_\_ Yes \_\_\_ No \_\_\_ Not sure  
 From past to present, please list by date and describe  
 1. Car Accidents \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 2. Falls / Injuries (Including Sports) / Work trauma (with date of trauma)  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Medications and Supplements you now take \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Any known allergies to Medications / Supplements? \_\_\_ Y \_\_\_ N  
 (If yes, please explain) \_\_\_\_\_  
 \_\_\_\_\_  
 List all surgeries you've had (with date of surgery) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**As a holistic, wellness-oriented office, it is our desire to help you improve every aspect of your life as it relates to your health.**

How would you rate your diet? \_\_\_ Poor \_\_\_ Fair \_\_\_ Good \_\_\_ Excellent  
 How would you rate your exercise? \_\_\_ Poor \_\_\_ Fair \_\_\_ Good \_\_\_ Excellent  
 Please rate your stress levels on a scale of 1 to 10 with 1 = low and 10 = high \_\_\_ Personal Stress \_\_\_ Job Stress \_\_\_ Other stress  
 Is there anything else you want the doctor to know? \_\_\_ Y \_\_\_ N If yes, please state it here: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Sign \_\_\_\_\_ Date \_\_\_\_\_  
 (Parent to sign if under 18)

**Informed Consent for Examination and Treatment**

I (we) hereby consent to the performance of examination and treatment on me or on (child's name): \_\_\_\_\_,  
 by the licensed doctors of chiropractic, medical doctors, licensed physical therapists, and / or the doctor's trained representatives who may  
 be employed by or engaged in practice in this clinic.

If I have questions regarding informed consent, I will discuss with the doctor(s) the nature and purpose of the different physical  
 therapy procedures and chiropractic treatment (manipulation/adjustment). I understand that neither chiropractic nor medical treatment is  
 an exact science and that my care may involve judgments based upon facts and information known to the doctor. The doctor uses this  
 judgment to attempt to anticipate or explain risks and complications and an undesirable result does not necessarily indicate an error in  
 judgment. No guarantee for results can be made or expected but rather I wish to rely on the doctor to choose and recommend a best  
 course of treatment based upon facts known that is in my best interests.

I further understand that there are certain degrees of risk associated with chiropractic health care and physical therapy, which includes  
 very rarely, but not limited to fractures, disc injuries, strokes, and strain/sprains and am therefore willing to accept and consent to the risk  
 associated with the care that I am about to receive.

I have read, or the above information has been explained regarding consent. I have had or will take the opportunity to ask questions about my  
 examination and treatment. By signing below, I agree and intend this consent form to cover the procedures prescribed for my condition and for  
 any future conditions for which I seek treatment.

**Female Patients: By initialing this form I do hereby state that to the best of my knowledge, I am not pregnant, nor is pregnancy  
 suspected or confirmed at this particular time. Initials: \_\_\_\_\_ Date of last menstrual period \_\_\_\_\_.**

**HIPPA and Notice of Privacy Practices**

I have been given a copy of and / or have access to the clinic's Notice of Privacy Practices which discusses how my PHI (Personal Health  
 Information) will be used for diagnosis, treatment, and payment on my account.

\_\_\_\_\_  
**Patient's Name (Print)** **Patient's Signature** **Date**  
 \_\_\_\_\_  
**Relationship /authority if not signed by Patient** **Witness**